***General Terms & Conditions of Booking and Payment***

Name:

Email:

Mobile:

Expected arrival time from 15:00 on Friday 12th Jan 2024:

Departure time: 15:00 on Sunday 14th Jan 2024

Room preference: Twin/Single

If twin: please state who you are sharing with:

Prices per person:

Early Bird (up to end Sept 2023): **£425 pp**

***A deposit of £145 will secure your booking.***

*You can pay in 2 further instalments: £140 by end Oct & £140 by end Nov.*

Full price: **£475 pp**

***A deposit of £175 will secure your booking.***

*You can pay in 2 further instalments: £150 by end Oct & £150 by end Nov.*

Payment details are provided below

Direct to Bank Account:

Account Name: Cpcoaching Ltd

Bank: Natwest

Account Number: 19800983

Sort Code: 60-11-17

Reference: Retreat + (your surname)

**I agree to pay the outstanding balance at the dates above (invoice will be sent)**

**I understand my deposit(s) is refundable up to and including Oct 31st.**

**I understand my deposit is non-refundable after Oct 31st unless we find someone to fill your place.**

**I, the undersigned hereby agree and understand the above conditions.**

**Name: ….................................... Signature… ………………………… Date………..**

**Participant Questions**

**To help us prepare and you get the most from the weekend, please take a moment to complete the questions below, returning your answers to us with your booking details. We understand that your answers may change closer to the retreat date, but it gives us a sense. Thank you.**

**Your answers will be treated in strict confidence.**

1. What is your main reason for booking to come on the retreat?
2. What would you like to be different by the end of the weekend?
3. Which of the retreat activities described are you most interested in?
4. Would you be interested in a reflexology session (additional fee) whilst at Ladywell?
5. What is your experience of yoga e.g., complete beginner? regular practitioner? Experienced?
6. What is your experience of coaching? and/or coaching constellations?
7. What would make it a wonderful retreat for you?
8. Do you have any allergies or special food requirements? (e.g. vegetarian, pescatarian, gluten free)
9. Is there anything else that you feel we need to know?

**\*\*\*\*\* Please email your completed form to Claire@cpcoaching.co,uk \*\*\*\*\***

**We look forward to welcoming you!**

**Claire & Louise**